

# 2023 Open Enrollment Benefit Guide

Plan Year
Open Enrollment
Questions? Email

January 1 - December 31, 2023 October 26 - November 11, 2022 statewide-benefitsleaves@ivytech.edu





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## Open Enrollment & Benefit Highlights

## 2023 Plan Year Details

The health and financial security of you and your family is important to us. Our benefit program provides a variety of plans that can enhance the lives of you and your family - both now and in the future. As an eligible employee, you will be asked to make decisions about the employee benefits described in this booklet. This guide provides information to enable you to effectively enroll in your benefits. Take time to read it carefully and use the available resources to ensure you make the decisions that are right for you and your family.

The Open Enrollment period is an opportunity for eligible employees to enroll in or make changes to your benefits for the upcoming year. This year, Open Enrollment will take place between October 26 - November 11, 2022. This is the only time during the year that you are eligible to make benefit plan changes unless you have a qualifying life event that allows you to change your benefits mid-year. Changes made during Open Enrollment will be effective January 1, 2023.

### **Active Enrollment**

This year's enrollment is an active enrollment, meaning you will need to complete the open enrollment process in lyyBenefits.

If not completed, your current elections, with the exception of Flexible Spending Accounts, will carry over to the 2023 calendar year. You will also be defaulted into the higher tobacco premium category if you participate in the health plan.

If you participate in the College's health plan and have self-identified as a tobacco user or are defaulted into this category, you will have the opportunity to complete the QuitNow program in order to receive a refund of the additional premiums you have paid.



IvyBenefits can be found under the Human Resources & Payroll section of Mylvy.



## Terms You Should Know

Benefit Eligible. Full-time administrative and support employees working an average of at least 32 hours per week. Faculty working at least 80% FTE and generally contracted on a 9-month basis for the Fall and Spring semesters, and offered a minimum of a 50% Summer contract. For new hires, your benefits begin on vour date of hire.

**Deductible.** The amount you must pay for covered services before your insurance plan starts paying benefits.

**Coinsurance.** The percentage of costs you pay for covered services, along with the health plan, after you have paid your plan year deductible.

Copayment. A set rate you pay for prescriptions, doctor visits, and other types of care (Standard Plan only).

Out-of-Pocket Maximum. The most you have to pay for covered services in a plan year. After you spend this amount on deductibles and coinsurance, your health plan pays eligible expenses at 100%.

Network Benefits (In-Network). In-network providers agree to accept an approved amount for their services. You will see these savings listed as the "Your Discounts" on your Explanation of Benefits statements.

Non-Network Benefits (Out-of-Network). Doctors or hospitals who are not in the network do not accept the approved amount. You will be responsible for

paying the difference between the provider's full charge and your plan's approved amount. This is called balance Billing.

**Preventive Care.** Preventive care is the care you receive to prevent illnesses or diseases. Providing these services at no cost is based on the idea that getting preventive care, such as screenings and immunizations, can help you and your family stay healthy. Services will be paid at 100% when you use a participating provider.

Embedded deductible plan. (Standard Plan) Under family coverage, an embedded deductible plan means that each family member has an individual deductible in addition to the total family deductible. Each individual's deductible is much lower than the total family deductible. When an individual meets their respective out-of-pocket total, the insurer begins to pay for that person's covered medical services, regardless of whether the family deductible has been fulfilled.

Non-embedded deductibles. (Choice Plan) Under a non- embedded deductible plan, also known as an aggregate deductible plan, the total family deductible must be paid out-of-pocket before the insurer starts paying for healthcare services for any individual member.

**Enrolling and Making Changes.** When you first become eligible and during the annual open enrollment period, you may add/remove/make benefit changes and elections. Making changes at any other time throughout the year requires a qualifying life event. Employees have 31 days from the date of the qualified life event to make changes/updates.

Examples of life events include: birth or adoption of a child; marriage or divorce; death; and loss of coverage. Log into IvyBenefits to request change(s). In addition, you will also need to provide documentation that reflects the need for change(s).

Self-Insured Plan. The Choice and Standard Plans are self-funded medical plans meaning that lvy Tech pays the cost for covered medical and pharmaceutical expenses, using Anthem and CVS/Caremark as third-party administrators to process claims on the college's behalf.

Plan Compliance Notifications. Required Notices including but not limited to the HIPAA Privacy and Security Notice, Certificate of Creditable Coverage for Medicare, Market "Exchange" Notices and Plan Documents are available online on the benefits site or via paper, free of charge, upon request. Please contact the Benefits and Leaves Hub with auestions.



## 2023 Medical Benefit Overview





	Choice Plan (CDHP)		Standard Plan (PPO)	
ANNUAL DEDUCTIBLE	In-Network	Out-of-Network	In-Network	Out-of-Network
Individual	\$1,900	\$3,800	\$1,900	\$10,000
Family	\$3,800	\$7,600	\$3,800	\$30,000
OUT-OF- POCKET- MAXIMUM	In-Network	Out-of-Network	In-Network	Out-of-Network
Individual	\$3,500	\$7,000	\$5,000	\$20,000
Family	\$7,000	\$14,000	\$10,000	\$60,000
COVERED SERVICES	In-Network	Out-of-Network	In-Network	Out-of-Network
Preventive Care	Covered at 100%	50% after deductible	Covered at 100%	45% after deductible
Office Visits	20% after deductible	50% after deductible	\$35 copay	45% after deductible
Specialist Office Visit	20% after deductible	50% after deductible	\$70 copay	45% after deductible
Urgent Care	20% after deductible	Covered as In-Network	\$100 copay	Covered as In-Network
Emergency Room	20% after deductible	Covered as In-Network	\$300 copay	Covered as In-Network
Inpatient Facility Services	20% after deductible	50% after deductible	\$300 copay, 30% after deductible	\$300 copay, 45% after deductible
Outpatient Charges	20% after deductible	50% after deductible	30% after deductible	45% after deductible
PHARMACY	In-Network	Out-of-Network	In-Network	Out-of-Network
Preventive Prescriptions	100% (see approved list on benefits website)	50% after deductible	100% (see approved list on benefits website)	50%/\$30 minimum copay
Retail Tier 1 (generic)	20% after deductible	50% after deductible	\$10 copay	50%/\$30 minimum copay
Retail Tier 2 (brand; formulary)	20% after deductible	50% after deductible	\$50 copay	50%/\$30 minimum copay
Retail Tier 3 (brand; non- formulary)	20% after deductible	50% after deductible	\$100 copay	50%/\$30 minimum copay
Retail Tier 4 (specialty)	20% after deductible	50% after deductible	10% to \$200 copay	50%/\$30 minimum copay
Mail Order (90 day supply)	20% after deductible	50% after deductible	\$20/\$150/\$300/10% to \$400	50%/\$30 minimum copay



## Prescription Drug Coverage

CVS Caremark continues to be the pharmacy benefit manager for the Ivy Tech health plans. While there are no plan design changes for 2023, CVS has updated their formulary list of preferred drugs which can be found on the benefits website.

## **AccordantCare Specialty (formerly CareTeam Choice)**

Those with specialty medications fill their prescription with CVS Specialty and are eligible for the AccordantCare Specialty program. CVS provides expert therapy management services tailored to meet the unique needs of members through their high-touch specialty team approach. The AccordantCare Specialty teams are experts in the conditions and therapies they help manage, so they are able to provide personalized and detailed support, education, monitoring, and care coordination.

## Fill your Specialty Prescription at a retail location!

Specialty Connect is CVS Caremark's ability to intake specialty prescriptions through any of their 9,700 local CVS Pharmacies, including those within the Target stores. You have the option of picking up your prescription or have it delivered to your home.

## **CVS Caremark App**

CVS Caremark has the tools you need to manage you and your family's health. The CVS Caremark App is available for both Android and iDevices. A few key features include:

- Refill and renew mail service prescriptions for yourself and family members
- ID unknown pills with the pill identifier
- Check for potential drug interactions among medications
- Check order status and view your prescription history
- Check drug coverage and cost under your plan
- Find local pharmacies in your plan's network





## 2023 Medical Plan Premiums

Please note: If you participate in the College's medical program, and you are a tobacco user (this includes smokeless tobacco, e-cigarettes, and vapor), you will pay \$500 per year in <u>additional premium</u>. This equates to <u>\$19.23</u> per pay for 26 pays or <u>\$25.00</u> per pay for 20 pays.

Your share of the benefits costs will be deducted from your pay in equal amounts in the applicable pay periods in a program year. The College does not prorate benefit deductions.

1 -		
	26 Pay Periods	20 Pay Periods
Employee Only	\$35.81	\$46.55
Employee + Spouse	\$78.19	\$101.65
Employee + Child(ren)	\$69.08	\$89.80
Family	\$115.25	\$149.83

Standard Plan (PPO)			
	26 Pay Periods	20 Pay Periods	
Employee Only	\$93.74	\$121.87	
Employee + Spouse	\$204.71	\$266.12	
Employee + Child(ren)	\$180.85	\$235.11	
Family	\$301.75	\$392.28	

### **Tobacco Users:**

If you are enrolled in the College's medical plan, you are required to indicate whether or not you are currently a tobacco user, and if you intend to remain tobacco free for the following 12 months. This information is collected when you enroll through IvyBenefits.

Tobacco users (including smokeless, e-cigarettes, and vapor) will be charged \$500 per year in additional premiums.

If you are a tobacco user, you have the opportunity to complete the QuitNow tobacco cessation program. Once the program is completed, the additional premium will be removed and any additional premium that has been paid will be refunded (if applicable).

You must complete the program every year that you indicate that you are a tobacco user. Program must be completed by December 1, 2023 in order to receive a refund of premiums paid in the 2023 calendar year.

You can sign up by going to <u>www.guitnowtool.com</u> and select the 'sign up today' button.





## 2023 Health Savings Account



A Health Savings Account (HSA) is a consumer-oriented, tax-advantaged savings account that is always combined with a Consumer Driven Health Plan (CDHP).

HSA earnings grow tax-deferred and qualified withdrawals are tax-free without "use it or lose it." Money not used in your Health Savings Account can be rolled over to the following year. HSA funds can be used for all qualified medical expenses, including medical services, as well as eyeglasses, dental procedures, prescription drug coverage and over-the-counter medications provided you submit a prescription from your provider. See IRS Publication 969 for more information and a listing of Qualified Eligible Expenses at <a href="https://www.irs.gov">www.irs.gov</a>.

### 2023 Employer HSA Contributions

If you enroll in the Choice Plan (CDHP) and you qualify for an HSA, Ivy Tech will make a contribution to your HSA based on your coverage tier. The amount of this contribution will be given as a one-time lump sum. The lump sum will be deposited on the second pay in January and will be prorated for those new hires or life events entering the plan later in the year.



Annual Ivy Tech Contributions		
Employee Only	\$960	
Employee+Child(ren)	\$1,710	
Employee+Spouse	\$1,910	
Family	\$1,910	



### **IRS 2023 Maximum Contributions**

Coverage Tier	2023 IRS Limits	Amount Employees May Contribute After Ivy Tech's Contribution	IRS Post Age 55 "Catch-up"
Employee Only	\$3,850	\$2,890	\$1,000
Employee+Child(ren)	\$7,750	\$6,040	\$1,000
Employee+Spouse	\$7,750	\$5,840	\$1,000
Family	\$7,750	\$5,840	\$1,000

### To qualify for an HSA, you must meet the following requirements, as defined by the IRS:

- You must be covered under a Consumer Driven Health Plan
- You have no other health coverage except what is permitted by the IRS
- You are not enrolled in Medicare
- You cannot be claimed as a dependent on someone else's tax return.

### If You Will Be Turning 65

Active employees turning 65 have the option to accept or decline enrollment in Medicare, including Medicare Part A.

- Employees who accept enrollment in any part of Medicare are no longer eligible to make or receive contributions to an HSA.
- If you elect Medicare at age 65, your maximum HSA contribution for the year you elect will be prorated by the number of months you were not enrolled in Medicare.
- Employees who decline enrollment may continue to make and receive contributions to an HSA.
- Qualified distributions remain tax free regardless of your eligibility to contribute.
- Non-qualified distributions are taxable but no longer carry a 20% penalty after age 65.
- Medicare Part(s) A, B, D and Medicare HMO premiums may be paid or reimbursed with tax-free HSA dollars. You cannot use your HSA to pay for Medigap premiums.

For questions regarding how to manage your HSA or when to stop contributing, reach out to the Benefits and Leaves HUB.



Anthem's iPhone & Android App

Sydney

## All Your Health Plan Information in One Place

**Find Care & Check Costs -** It's easy to search for doctors, dentists, hospitals, labs and other providers in your plan. You can search by name, location and type of care. You can even filter by gender or languages spoken, then check costs before you go.

**Digital ID Cards -** You can always have your most current ID card handy. And you can use it just like a paper one when you visit the doctor, dentist, pay for care and more.

**Interactive Chat -** Simply type your questions in the app and get answers quickly. Sydney can suggest resources to help you understand your benefits, improve your health, and save money.

**Benefit Plan Overview -** Sydney shows you essential information at a glance, whether that's an overview of your plan, health reminders or suggestions for wellness programs. You also can find your deductible, copay and share of costs.

**View Claims -** With one click, you can check claims. That means you can spend more time focused on your health and less on managing your health benefits.

**Check Health Records -** myFHR gives you easy access to your health data, including health history and electronic medical records, all in one place. Availability is based on your plan.

## Say hi to Sydney

Anthem's new app is simple, smart — and all about you













Anthem's Telehealth App

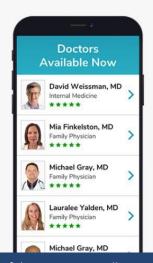
## Live**Health**

## No Waiting Room, No Need to Leave Home

See a board-certified doctor 24/7 - You don't need an appointment to see a doctor. They're always available to assess your condition and send a prescription to the pharmacy you choose, if needed. It's a great option when you have pink eye, a cold, the flu, a fever, allergies, a sinus infection or another common health issue.

Visit a licensed therapist in four days or less - Have a video visit with a therapist to get help with anxiety, depression, grief, panic attacks and more. Schedule your appointment online or call 1-888-548-3432 from 8 a.m. to 8 p.m., seven days a week.

Consult a board-certified psychiatrist within two weeks - If you're over 18 years old, you can get medication support to help you manage a mental health condition. To schedule your appointment, call 1-888-548-3432 from 8 a.m. to 8 p.m., seven days a week.



Your Anthem plan includes video visits using LiveHealth Online, you just pay your share of the costs – usually \$59 or less for medical doctor visits, and a 45-minute therapy or psychiatry session usually costs the same as an office mental health visit. Visit <u>livehealthonline.com</u> or download the app and register on your phone or tablet.

## Finding a Primary Care Physician (PCP) In Your Plan

With your Anthem plan, you get access to a large network of doctors across the country - so you have more choices when selecting your PCP. Finding an in-network PCP is easier with our online tools. You can search for a doctor by name or look for one near you. Avoid getting care from doctors outside your plan because it will likely cost you more, or your plan may not cover it at all.

- 1. Go to anthem.com/find-doctor
- 2. Choose your search:
  - Search as a Member: Use your member ID card number or log in with a username and password.
  - Search as a Guest: Select a plan or network,\* or search by all plans and networks, to get started.
- 3. Select a type of doctor and location or search within a certain distance of your location.



## Dental & Vision Benefit Summary

### **Delta Dental**

<b>Annual Deductible</b> Individual Family			\$50 \$150
Annual Plan Maximum			\$1,500
Orthodontia Lifetime Maximum (Up to age19)			\$1,000
Plan Coinsurance Levels Preventive Services Basic Services Major Services Orthodontia (Up to age			100% 80% 80% 50%
Provider Directory: <u>wwv</u>	v.deltadenta	alin.c	<u>com</u>
Employee Premiums			
26 Pay		'S	20 Pays
Employee Only \$3.37		,	\$4.39
Employee + Spouse	\$6.48		\$8.42

	26 Pays	20 Pays
Employee Only	\$3.37	\$4.39
Employee + Spouse	\$6.48	\$8.42
Employee + Child(ren)	\$6.51	\$8.46
Family	\$10.89	\$14.15

The Delta Dental plan covers two preventive visits per year at in-network dentists at 100%.

Delta Dental offers three levels of benefit coverage: PPO Dentist, Premier Dentist and Non-Participating Dentist. Review summary of benefits for more

**PPO Coverage -** Offers significant discounts; no balance billing; acceptance of processing policies; and 108,000 dentist locations

Premier Coverage - Negotiated fees; no balance billing; acceptance of processing policies; and 186,000 dentist locations

Non-Participating Coverage - Balance billing and does not offer discounts

### **VSP**

	In- Network	Out-Of- Network	
Routine Eye Exam - (c	nce every 12 mont	ns)	
	\$15 copay	\$45 allowance	
Frames - (once every 24	l months)		
	\$20 Materials Copay	\$70 allowance	
Standard Plastic Lenses - (once every 12 months)			
Single vision Bifocal lenses Trifocal lenses Lenticular	\$20 copay \$20 copay \$20 copay \$20 copay	\$30 allowance \$50 allowance \$65 allowance \$100 allowance	
Contact Lenses - (once	Contact Lenses - (once every 12 months in lieu of glasses)		
Elective Non-Elective	\$170 allowance Covered infull	\$105 allowance	
Provider Directory: <u>www.vsp.com</u> Allowances must be used on transaction			

Employee Premiums			
	26 Pay	20 Pay	
Employee Only	\$2.89	\$3.76	
Employee + Spouse	\$5.77	\$7.50	
Employee + Child(ren)	\$6.18	\$8.03	
Family	\$9.86	\$12.82	

used with the out-of-network benefit.







## Flexible Spending Account Options



## **General and Limited Purpose** Flexible Spending Account (FSA)

## **General Purpose:**

What is it? It's an employer-sponsored benefit that allows those who don't have an HSA to set aside money on a pre-tax basis through payroll deduction to help offset unreimbursed medical, dental or vision expenses.

### Annual Maximum Amount is \$3,050

Who can use it? Funds can be used by the FSA owner's spouse and a person claimed as a dependent on FSA owner's taxes (with certain qualifications).

What can the funds be used on? Examples of eligible expenses FSA dollars can generally be used forinclude:

 Medical, Dental and Vision copays, deductibles, prescriptions

For more information on eligible OTC

## **Limited Purpose:**

What is it? It's an employer-sponsored benefit that allows those who participate in a CDHP to set aside money on a pre-tax basis through payroll deduction to help offset unreimbursed for dental or vision expenses only.

**Annual Maximum Amountis \$3,050** 

## **Dependent Care Flexible Spending** Account

What is it? It's an employer-sponsored benefit plan that allows employees to put aside funds for certain dependent care expenses on a pre-tax basis up to a specified limit (\$5,000 in 2023 or \$2,500

What dependent care expenses are eligible for reimbursement? It must be an "employment-related expense" that allows the taxpayer to work.

Who is a qualifying individual? A taxpayer's dependent who is under age 13 or the taxpayer's dependent or spouse who is physically or mentally incapable of selfcare and who has the same principal place of abode as the taxpayer for more than half the taxable year.

May I pay for eligible services in advance? occur and as funds exists in the account.

### What are some examples of expenses eligible for reimbursement?

- program below the level of kindergarten
- Before- and after-school care of a grade
- Day camp expenses

### Ineligible expenses include:

- Overnight camp costs
- Expenses for kindergarten or higher grade levels
- Payments to either the taxpayer's spouse or to a parent of a taxpayer's child who is not the taxpayer's spouse



## Basic Life, AD&D, Voluntary Life, STD, & LTD

For the 2023 Open Enrollment period with The Standard there is a **special enrollment period** for Voluntary Life! Employees can enroll up to the Guarantee Issue amount of **\$500,000 without having to fill out an Evidence of Insurability Form.** 

- All enrolled members may increase their benefit amount to an amount not exceeding \$500,000 of coverage, without providing evidence of insurability
- · Spouse and children not currently enrolled may also enroll, without providing evidence of insurability.

## **Employer Paid:**Basic Life & AD&D Insurance

**Basic Life:** A life insurance policy is a contract with an insurance company. In exchange for premium payments, the insurance company provides a lump-sum payment, known as a death benefit, to beneficiaries upon the insured's death.

### **Basic Accidental Death &**

**Dismemberment:** The rider covers the unintentional death or dismemberment of the insured. Dismemberment includes the loss of, or the loss of use of body parts or functions (e.g., limbs, speech, eyesight, or hearing).

### **Full-Time Benefit Eligible Employees**

lvy Tech provides Basic Life coverage and Basic AD&D at one times your annual salary up to \$500,000

Benefit rounded to the next \$1,000

Coverage decreases incrementally beginning at age 70

Voluntary Life Insurance

Employees pay 100% of the premiums for Voluntary Life Insurance.

	Benefit Increments	\$10,000
EMPLOYEE	Benefit Maximum	\$700,000
BENEFIT	Guarantee Issue	\$500,000
	Premiums are based on your benefi	t choice and your age.
SPOUSE	Benefit Amount	\$10,000
BENEFIT		ψ. Θ/Θ Θ Θ
CHILD(REN) BENEFIT	Benefit Amount	\$5,000

Evidence of Insurability is required for new enrollments in the plans or increases in benefit amount.

## **Short-Term Disability Benefits**

Disability benefits protect your income during a period in which you are unable to work because of an illness or accident not related to your job.

### **Income Benefit**

Weekly Income Benefit 60% of your Weekly Earnings

Max. Weekly Benefit \$1,000

Employees pay 100% of this premium through payroll deduction. There is a reduced benefit amount for the first 12 months following a late enrollment.

## Long-Term Disability Benefits

Disability benefits protect your income if you are unable to work due to an illness or accident not related to your job for a period longer than 90 days.

### Income Benefit

Monthly Income Benefit 60% of the first \$25,000 of Monthly Earnings

Max. Monthly Benefit \$15,000

Ivy Tech and employees share the premium cost based on annual salary. EOI is required for late enrollments.

Some pre- existing condition limitations may apply.



## Voluntary Benefits



Boston Mutual benefit plans can help you protect you and your family when you need it most. Coverage for all policies is offered Guaranteed Issue. That means there are no medical questions in order to qualify for the coverage (some pre-existing condition limitations may apply).

### **Employee Life Options Plus (Whole Life)**

Employee Life Options Plus combines the guaranteed premiums, coverage and values with the advantages of cash accumulation at current interest rates. The Catastrophic Loss rider is available. It is designed to help provide financial assistance should you lose (either temporarily or permanently) the ability to care for yourself.

### **Critical Illness**

This Critical Illness benefit provides a lump sum benefit if you are diagnosed with one of the covered illnesses. There is an Additional Occurrence and Re-Occurrence Benefit with this policy, and it also includes a \$75 Wellness Benefit per year.

### Accident

Group Accident coverage provides you with a benefit payment for covered medical services once your coverage is effective. This payment can be used as you see fit, especially to help with the out-of-pocket expenses as a result of an accident. This coverage also includes a \$50 health screening benefit.

Accident insurance provides benefits for covered accidents that occur off the job.

### **How to Enroll**

To ensure that you understand your benefits, we have partnered with the enrollment firm SeeMyBenefits to assist you with your enrollment.

Enrollers are available to take your call at 888-350-3301, Monday–Friday, 8 am– 6pm ET. No appointment necessary. You can also contact enrollers via email info@gotosmbo.com. Information to include in your email: Name, Phone Number, Email, Coverage interested in learning more about.

If you are interested in altering your existing coverage, please state the desired change.





## Identity Theft Protection



Identity Guard is an innovator in the field of identity security. They offer real time data feeds and advanced Artificial Intelligence from IBM Watson to protect identities and personal privacy and information. Ivy Tech is offering two programs for you to choose from, Total Monitoring and Premier Service. See below for details.



## **Total Monitoring**

- Dark Web monitoring
- **Authentication Alerts**
- Bank account monitoring
- Credit monitoring (3 bureaus)
- Credit Score (TransUnion only)
- Risk assessment
- Threat alerts
- Geo-Location crime reporting
- Sex offender alert
- \$1,000,000 Identity Theft insurance
- Victim recovery specialist
- Anti-Phishing



### **Premier Service**

- Dark Web monitoring
- **Authentication Alerts**
- Credit monitoring (3 bureaus)
- Credit Score (3 bureaus)
- Risk assessment
- Geo-Location crime reporting
- Sex offender alerts
- \$1,000,000 Identity Theft insurance
- Victim recovery specialist

<b>Employee Premiums</b>	26 Pay	20 Pay
Employee Only	\$4.11	\$5.34
Family	\$8.49	\$11.04

Employee Premiums	26 Pay	20 Pay
Employee Only	\$5.40	\$7.02
Family	\$11.08	\$14.40

Identity Guard Customer Care: Phone: 855-443-7748, Website: www.identityguard.com



## Retirement Plan Solutions



lvy Tech provides comprehensive retirement programs to provide for your long-term financial security along with education and planning resources to help you maximize this benefit.

Whether you monitor your retirement plan on a regular basis or you are looking at it for the first time, Ivy Tech has resources for you.

### First time user?

- 1. Visit: <a href="https://www.transamerica.com/portal/ivyretirement/">https://www.transamerica.com/portal/ivyretirement/</a>
- 2. Click Create an Account in the top-right corner
- 3. On the next page, you'll be prompted to enter your full name, date of birth, social security number, and contact information.
- 4. You can create a unique username, password, as well as set up your security questions.

ONCE YOU'RE IN - Across the top menu, scroll over the tabs - My Plan, Investments, Contributions, Loans & Withdrawals, Documents & Forms, and Resources.

## **Returning Participant?**

You can review the current status of your account, make changes, and access tools to help you personalize your retirement strategy.



### CHANGE CONTRIBUTION AMOUNT AT ANYTIME

To choose or change your contribution amount and sign up for annual, automatic increases, click "View or Update Contributions" under the Contributions tab.



### NAME OR CHANGE A BENEFICIARY

To name or change your beneficiary, click "Beneficiaries" under the My Plan tab.



### REVIEW INVESTMENT PERFORMANCE

To get performance and fee details for all the funds in your plan, click "Fund and Fee Information" under the Investments Tab.



### PLAN YOUR RETIREMENT OUTLOOK®

The planning tools can help you develop and analyze your strategy across all your retirement accounts -inside and outside your plan.

If you are a full time, hourly employee, and you were hired on or before June 30, 2014, you are eligible for PERF membership beginning the first day you were employed with the College. Under the PERF program, if you attain 10 or more years of service, you will be entitled to benefits when you meet the age and service requirements for normal or early retirement.

Additional information about PERF benefits can be found online at <a href="www.in.gov/inprs">www.in.gov/inprs</a>.





## BeLively: Employee Wellbeing Program

BeLively is intended to encompass all the College's statewide wellbeing initiatives including financial education, healthy lifestyle education and programs, and stress management.

According to the American Lung Association, every year more than 480,000 individuals in the U.S. die from tobacco use and exposure, making it the leading cause of preventable death in the country.

## We want to help you quit!

## **QuitNow Program**

lyy Tech has teamed up with the Wellness Council of Indiana to provide a tool to help you quit. The QuitNow program takes you through a 12-chapter quitting process. You can sign up by going to <u>www.guitnowtool.com</u> and select the 'sign up today' button.

## Important note for employees participating in the College's health plan:

- If you participate in the College's medical program, and you are a tobacco user (this includes smokeless tobacco, e-cigarettes, and vapor), you will be charged \$500 per year in additional premium.
- Program must be completed by <u>December 1, 2023</u>, to get a refund of tobacco premiums paid for the 2023 plan year.







## BeLively: Employee Wellbeing Program

All part-time and full-time Ivy Tech employees have access to the SupportLinc program to receive guidance and assistance with family issues, finding child and adult care, workplace concerns, legal and financial issues, stress, health and wellness, and any other issues that concern them. The program offers personal, confidential guidance and counseling to all lvy Tech employees and household members.

## SupportLinc offers expert guidance to help address and resolve everyday issues



## In-the-moment support

Reach a licensed clinician by phone 24/7/365 for immediate assistance.



## **Short-term** counseling

Access in-person or video counseling sessions to resolve concerns such as stress, anxiety, depression, relationship issues, workrelated pressures, or substance abuse.



## Financial expertise

Planning and consultation with a licensed financial counselor.



### Convenience resources

Referrals for child and eldercare, home repair, housing needs, education, pet care and so much more.



## consultation

By phone or in-person with alocal attorney.



## **Confidentiality**

SupportLinc ensures no one will know you have accessed the program without your written permission except as required by law.

You and your immediate household members may receive up to six (6) counseling sessions per presenting issue (in-person or via video).

Services are confidential and available 24 hours a day, seven days a week.

Telephonic Access: 1-888-881-5462

Online Access - <a href="https://www.supportlinc.com/">https://www.supportlinc.com/</a> - Group Code: ivytech Download the mobile app:







## SeLively

## BeLively: Financial Education

BeLively also includes our financial wellness program: Your Money Line. Your Money Line can help you manage debt, understand how life insurance works, or how to pay off student loans. Your Money Line's expert guides provides unlimited, unbiased, and confidential communications with a qualified financial counselor.

Full-time and part-time employees and their immediate family have access to a variety of online tools listed below:

A personalized and confidential dashboard that includes:

- Customized learning path
- Calculators and tools
- Online courses with actionable data

Discover your Stability Index Score. Take a financial health assessment to determine your level of financial stability.



Call 833-890-4077 or visit www.yourmoneyline.com/ivytech to get started today!



## BeLively: Introducing Wellright



## Introducing A New Wellness Program

What would you like to accomplish when it comes to your wellness goals? Your path to well-being is unique only to you. You may want to be more active, eat healthier, learn better financial habits, practice gratitude, recognize your purpose, or foster interpersonal relationships.

The wellness program can help.

Employees are eligible to participate in our wellness program which includes a collection of holistic activities to help you form healthy habits. The WellRight platform is fully HIPAA compliant which means all personal health data you share with the system will never be shared with your organization.



## How It Works

Our wellness program, powered by WellRight, can be managed online or via mobile app. It consists of a health assessment, company & personal challenges, and incentives.

You can track your progress and accumulate points for completing a challenge or activity. Points may be used to earn an incentive or a variety of awards.

## Challenge Examples

Curious about the types of challenges available? Below are just a few examples of the over 100+ activities WellRight has to offer to improve your well-being.









For help, email support@wellright.com



## Contact Information

## **Important Contact** Information:

Please utilize the website resources for provider information, pharmacy information, and general claims information.

The Customer Service phone numbers can assist you with benefits and specific claims questions.



Additional education pieces and resources are available. Talk to Campus HR or reach out to the Benefits and Leaves Hub at statewide-benefitsleaves@ivytech.edu



Phone: 833-571-0829 Group Number: IN2000

www.anthem.com

CVS Caremark (Pharmacy)

Customer Care: Phone: 866-246-7145

**Delta Dental** 

Phone: 800-292-0626 Plan Number: 7054 www.deltadentalin.com

VSP (Vision)

Phone: 800-877-7195 Email: <a href="mailto:imember@vsp.com">imember@vsp.com</a> Group Number: 30013275

Website for benefits-eligible employees: ivytechcommunitycollege.vspforme.com

Chard-Snyder (HSA/FSA) HSA / FSA Customer Service:

> Phone: 800-982-7715 www.chard-snyder.com

The Standard (Life and Disability)

Phone: 888-937-4783 Group Number: 751001 www.standard.com

SupportLinc EAP

Phone: 1-888-881-5462 www.supportlinc.com

**Your Money Line** (Financial Resource)

Phone: 833-890-4077

www.yourmoneyline.com/ivytech

**Identity Guard** 

Phone: 855-443-7748

Website: www.identityguard.com

**Transamerica**(Retirement)

Phone: 800-755-5801

transamerica.com/portal/ivyretirement/

