



IVY TECH
COMMUNITY COLLEGE
MUNCIE-HENRY COUNTY



PRESENTS

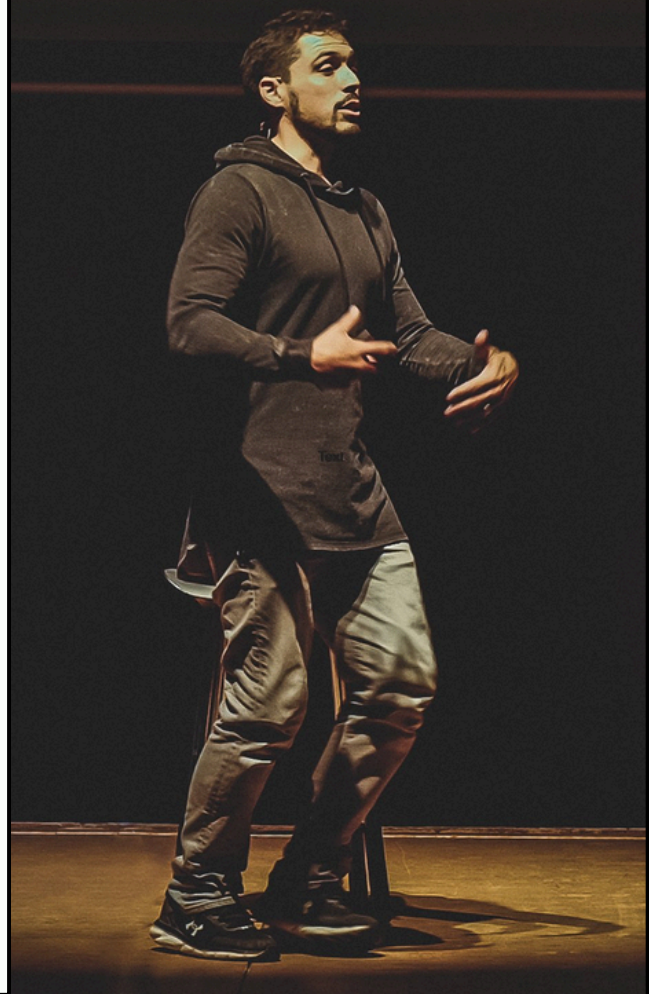
YOUR LIFE SPEAKS

NATHAN HARMON

Engage in insightful discussions that challenge perspectives!

EVENT HIGHLIGHTS:

- Using Coping Skills for Stress, Procrastination, Time Management, Being Overwhelmed
- Overcoming Fears & Anxiety (Social Anxiety, Adjustment Problems and Failing)
- The Five: Transparency, Accountability, Accessibility, Valuing People and Human Connection (Not Isolating)



WE CAN'T WAIT TO SEE YOU THERE!

DATE: March 26th
TIME: 11:30 a.m. - 1 p.m.
LOCATION: F110