MENTAL HEALTH RESOURCES:

Below is a compilation of valuable resources, both local and nationally, and online information to help assist you in the arena of mental health. This list is not all-inclusive but only a tool to help equip parents and mentors of adolescent children and teens.

DEKALB COUNTY AREA:

- **Bowen Center**
  - 923 Cardinal Ct., Auburn
  - bowencenter.org
  - 260.925.8035
- **Northeastern Center**
  - 1800 Wesley Rd., Auburn
  - necmh.org
  - 260.925.2453
- **Family Counseling Center**
  - 347 W. 7th St., Auburn
  - familycounselingcenterllc.com
  - 260.925.2017
- **Auburn Christian Counseling Center**
  - 207 N. Jackson St., Auburn
  - cccoi.org
  - 260.927.8614
- **Nicolet Counseling, LLC**
  - 1910 St. Joe Center Rd., Fort Wayne
  - nicoletcounseling.com
  - 260.627.4641

LOCAL SUPPORT GROUPS:

- **Teen Support Group (The Landing)**
  - (meets @ YMCA)
  - 533 North St., Auburn
  - 260.925.9622
- **Grandparents Parenting Support Group**
  - (meets @ Heimach Center)
  - 1800 E. 7th St., Auburn
  - 260.357.3333
- **Celebrate Recovery**
  - (meets @ Co. Line Church of God)
  - 7716 N. County Line Rd. E, Auburn
  - countylinechurch.org/cr
  - 260.627.2482
- **Mental Health America of Northeast Indiana**
  - 1027 W. Rudisill Blvd., Fort Wayne
  - mhanortheastindiana.org
  - 260.422.6441

ON THE INTERNET:

- **RemedyLIVE**
  - 1.888.807.2226
  - remedylive.com
- **U.S. Dept. of Health & Human Sciences**
  - mentalhealth.gov
- **National Institute of Mental Health**
  - nimh.nih.gov
  - 1.866.615.6464
- **Teen Line**
  - teenlineonline.org
  - 310.855.HOPE
- **National Suicide Prevention Lifeline**
  - suicidepreventionlifeline.org
  - 1.800.273.TALK
- **SAMHSA National Helpline**
  - samhsa.gov
  - 1.800.662.HELP
- **National Alliance on Mental Illness**
  - nami.org
  - 1.800.950.6264
- **National Hopeline Network**
  - imalive.org
  - 1.800.SUICIDE
- **Veterans Crisis Line**
  - veteranscrisisline.net
  - 1.800.273.8255

NATIONAL:

- **United Way’s 2-1-1**
  - 211.org
  - Dial 211