

MENTAL HEALTH RESOURCES:

Below is a compilation of valuable resources, both local and nationally, and online information to help assist you in the arena of mental health. This list is not all-inclusive but only a tool to help equip parents and mentors of adolescent children and teens.

DEKALB COUNTY AREA:

Bowen Center 260.925.8035

923 Cardinal Ct., Auburn

bowencenter.org

Northeastern Center 260.925.2453

1800 Wesley Rd., Auburn

necmh.org

Family Counseling Center 260.925.2017

347 W. 7th St., Auburn

familycounselingcenterllc.com

Auburn Christian Counseling Center

207 N. Jackson St., Auburn 260.927.8614

cccoi.org

Nicolet Counseling, LLC 260.627.4641

1910 St. Joe Center Rd., Fort Wayne

204 S. Main St., Kendallville

nicoletcounseling.com

ON THE INTERNET:

RemedyLIVE 1.888.807.2226

remedylive.com

U.S. Dept. of Health & Human Sciences

mentalhealth.gov

National Institute of Mental Health

nimh.nih.gov 1.866.615.6464

Teen Line

teenlineonline.org 310.855.HOPE

LOCAL SUPPORT GROUPS:

Teen Support Group (The Landing)

(meets @ YMCA) 260.925.9622

533 North St., Auburn

Grandparents Parenting Support Group

(meets @ Heimach Center) 260.357.3333

1800 E. 7th St., Auburn

Celebrate Recovery 260.627.2482

(meets @ Co. Line Church of God)

7716 N. County Line Rd. E, Auburn

countylinechurch.org/cr

Mental Health America of Northeast Indiana

1027 W. Rudisill Blvd., Fort Wayne

mhanortheastindiana.org 260.422.6441

NATIONAL:

National Suicide Prevention Lifeline

suicidepreventionlifeline.org 1.800.273.TALK

SAMHSA National Helpline

samhsa.gov 1.800.662.HELP

National Alliance on Mental Illness

nami.org 1.800.950.6264

National Hopeline Network

imalive.org 1.800.SUICIDE

Veterans Crisis Line

veteranscrisisline.net 1.800.273.8255

United Way's 2-1-1

211.org Dial 211