

# Relaxation Room Rules

- ◆ **No backpacks or bags of ANY kind.** Lockers are available in the fitness center with your Ivy Tech ID card.
- ◆ Use the clipboard hung outside the relaxation room to sign in and out of the room.
- ◆ Please limit your time in the relaxation room to 30 minutes or less.
- ◆ No more than 2 people are allowed in the relaxation room at one time.
- ◆ Do not lock the door to the relaxation room, for your privacy you may place the sign (found on the clipboard) on the outside of the door.
- ◆ This room is for ultimate relaxation. Please respect others privacy and quiet time when utilizing this room. (**NO ELECTRONIC DEVICES**—cell phones included at any time.)
- ◆ No food or drinks allowed.
- ◆ This room also serves as a lactation room, which takes priority over the relaxation room. If someone is utilizing the room for lactation purposes you must wait until they are finished. If you wish to use the room as a lactation room and someone is using the room for relaxation purposes, another private room is available.