

Learning Styles:

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Video Length: 4:27

Video Description: This video discusses the importance of knowing your style of learning. There is a similar assessment in the video you can take called the vark, this link is provided below. Click the link and discover a new way of learning.

1. Visual learners
2. Auditory learners
3. Tactile/Kinesthetic learners

<https://www.youtube.com/watch?v=RMZDiJRdh90>

<https://vark-learn.com/the-vark-questionnaire/>

Understanding Your Learning Style

Video Length: 12:10

Video Description: This video goes more into detail about your vark learning style and it will provide study strategies for your best learning style. Discover what type of learner you are.

1. Visual
2. Aural
3. Reading/Writing
4. Kinesthetic
5. Multimodal

<https://www.youtube.com/watch?v=76fBlfv6Vac>

How You Learn Best

Video Length: 3:10

Video Description: This short video explains the different vark learning styles.

<https://www.youtube.com/watch?v=7TfYqE44-LU>

Discover Your Learning Style and Optimize Your Self Study

Video Length: 6:19

<https://www.youtube.com/watch?v=dvMex7KXLvM>

Learning Mnemonics

Video Length: 4:24

Video Description: In this video you will see how Mnemonics works and how it can be helpful to you as a college student.

<https://youtu.be/PoSqNd1TE4A>