ABOUT THE PROGRAM

The Health Care Support program offers two tracks for Therapeutic Massage. Each track prepares students for state and national massage therapy certification. Ivy Tech graduates have a 100% pass rate on the MBLEx massage therapy certifying exam. Contrasting this to the state pass rate of 72% and the national pass rate of 72.4%, you can see why we are so proud of our program and our students.

ASSOCIATE OF APPLIED SCIENCE (AAS) DEGREE

This two-year degree provides a well-rounded education geared towards a successful career in healthcare. Students complete courses like medical terminology, medical law and ethics, health and wellness, and nutrition, in addition to the massage therapy concentration courses.

CERTIFICATE (C)

The certificate program takes approximately one year to complete with a focus entirely on Therapeutic Massage courses.

Therapeutic massage is quickly evolving as an integral part of health care. The therapeutic massage concentration prepares graduates to work in private practice, chiropractic and medical offices, health clubs and spas, hospitals and rehabilitation facilities, resorts and cruise ships, and onsite therapy for offices and manufacturing firms.
### Therapeutic Massage Certificate  26 Credit Hours

#### Fall Semester
- **APHY 101** Anatomy & Physiology I  
- **TMAS 101** Holistic Approach to Massage (fall only)  
- **TMAS 120** Massage Technician Training 1 (fall only)  

#### Prerequisites
- ENGL 093, ENGL 083, MATH 015/023  
- None  
- ENGL 093, ENGL 083, MATH 015/023, APHY 101 (APHY 101 can be Corequisite)

#### Spring Semester
- **APHY 102** Anatomy & Physiology II  
- **TMAS 140** Massage Technical Training II (spring only)  
- **TMAS 202** Deep Tissue Muscle Release (spring only)  
- **TMAS 122** Massage Financial Management (spring only)  

#### Summer Semester
- **TMAS 205** Pathology & Massage (summer only)  
- **TMAS 206** Palpation Skills (summer only)  

#### ASSOCIATE OF APPLIED SCIENCE: THERAPEUTIC MASSAGE CONCENTRATION  61 Credit Hours

The Associate degree includes all of the classes from the Certificate degree plus the following classes:

#### First Semester
- **HLHS 101** Medical Terminology  
- **IVYT IXX** Student Success Elective  
- **HLHS 100** Introduction to health careers  

#### Second Semester
- **COMM 102** Introduction to Interpersonal Communications  
- **ENGL 111** English Composition  
- **MATH IXX** Mathematics Elective  

#### Third Semester
- **HLHS 105** Medical Law & Ethics  
- **CINS 101** Introduction to Microcomputers  
- **HLHS 111** Health & Wellness for Life  

#### Fourth Semester
- **XXXX XXX** Humanistic & Artistic Ways of Knowing Elective  
- **TMAS XXX** Massage Statewide Elective  
- **HLHS 211** Nutrition  
- **HLHS 279** Capstone  

#### ELECTIVES for AAS
- **TMAS 206** Palpation Skills (summer only)  
- **TMAS 201** Sports Massage, Injuries & Hydrotherapies (spring only)  
- **TMAS 141** Massage Through the Life Span  

Students must complete the following in TMAS 120:  
- Health Statement (physical exam), Background Check & Drug Screen, CPR Certification (must be Red Cross CPR for Professional Rescuer/AED) (or) American Heart for Health Care Providers/ AED.

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To learn more about employment and salary information for careers in this field, visit the U.S. Department of Labor's Bureau of Labor Statistics website at bls.gov and the official career site of the State of Indiana, indiana-career-connect.com.

Ivy Tech Community College is accredited by North Central Association of Colleges and Schools.